

# NPA Brown Bag Series



- June 9<sup>th</sup>
- July 14<sup>th</sup>
- Aug 25<sup>th</sup>

## NPA Special Events

**Fridays – Jun 9, Jul 14, Aug 25**

1:00–2:00 PM Central

**Narnia Room at the Foundry**

211 N 14th St, Lincoln

*1 CE for each Brown Bag Session  
Attend 1, 2 or all 3 – FREE!*

### Gender, Race, Ethnicity and Work Since COVID 19

June 9<sup>th</sup>, Neeta Kantemneni, Ph.D.

The pandemic brought significant and inequitable changes to the work/career of many, especially those already experiencing marginalization and inequality. In this session participants will identify and describe complex impacts of the pandemic on workers of color, individuals from low-income backgrounds, and women. Clinical implications will be discussed.

#### Learning Objectives:

- Participants will be able to name 2 impacts of pandemic related to work and career for workers of color, individual from low-income backgrounds, and women.
- Participants will be able to identify 2 ways to integrate these impacts into treatment planning and intervention.



[Register Now](#)



### Access to Care: Challenges and Strategies in Meeting Mental Health Needs Sustainably – July 14<sup>th</sup>, Mun Yuk Chin, Ph.D.

The need for care is far greater than current capacity, and this disparity is far greater for some groups than others. In this session participants will discuss together the access-to-care implications of specific situations and choices in balancing costs and demands of clinical practice, explore options for optimizing balance, and foster a tolerance for ambiguity and the understanding that there may be no single ideal solution to each challenge. We will attend to access to care inequities in a variety of domains.

#### Learning Objectives:

- Participants will be able to name 2 factors impacting disparities in access-to-care.
- Participants will identify 2 strategies that can mitigate some disparities in access-to-care.

[Register Now](#)

### A Sex-Positive Approach to Sexual and Reproductive Health Competence Among Mental Health Practitioners – August 25<sup>th</sup>, Dena M. Abbott, Ph.D.

In this session, participants will discuss sexual and reproductive health (SRH) as a central component of humanness and, therefore, an integral part of wellness to which mental health clinicians must attend. The current state of SRH competence in mental health, strategies to infuse sex-positivity into clinical practice, and ethically navigating current legislation limiting access to SRH-related health care will also be discussed.

#### Learning Objectives:

- Participants will be able to define sex-positivity.
- Participants will be able to identify 2 specific strategies for addressing clients' sexual- and reproductive-related goals in psychotherapy.



[Register Now](#)



**Continuing Education:** The Nebraska Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Nebraska Psychological Association maintains responsibility for this program and its contents. Participants attending any one of the Brown Bag Series events can receive **1 CE for psychologists** as well as master's level clinicians, with full attendance required. No partial credit is awarded; late arrival or early departure will preclude awarding of CE credits. This program meets the criteria of an approved continuing education program for mental health practice.



NPA endorses The Trust and its insurance programs.

# NPA Brown Bag Series Facilitators

## Gender, Race, Ethnicity and Work Since COVID 19 – June 9<sup>th</sup>

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### Neeta Kantemneni, Ph.D.

Neeta Kantemneni is an associate professor and Director of Clinical Training of the Counseling Psychology program in the Department of Educational Psychology at the University of Nebraska-Lincoln. Neeta earned her Ph.D. in counseling psychology from the University of Wisconsin-Milwaukee. Her scholarship focuses on how to better serve students and employed adults who experience barriers to their academic and work success due to marginalization and social inequities. Her scholarly publications and presentations are intended to help individuals make meaningful vocational decisions while understanding the impact that systemic inequalities and discrimination can have on academic and work decisions.



## Access to Care: Challenges and Strategies in Meeting Mental Health Needs Sustainably – July 14<sup>th</sup>

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### Mun Yuk Chin, Ph.D.

Mun Yuk Chin is an Assistant Professor in Counseling Psychology in the Department of Educational Psychology at the University of Nebraska-Lincoln. As a counseling psychologist, she engages in work that promotes more equitable and compassionate systems for people who encounter stigma and oppression. Her research focuses on issues of social class and economic marginalization in counseling and education. As an educator, they especially enjoy fostering students' growth as culturally-responsive and -congruent practitioners. Mun previously practiced as a psychologist with UNL's counseling center and enjoys working with young adults, identity exploration and transitions, and family-of-origin issues.



## A Sex-Positive Approach to Sexual and Reproductive Health Competence Among Mental Health Practitioners – August 25<sup>th</sup>

[Register Now](#)



### Dena M. Abbott, Ph.D.

Dena M. Abbott, Ph.D. earned her degree from Texas Woman's University's APA-Accredited Counseling Psychology program in 2017. She is a Licensed Psychologist in the state of Nebraska and AASECT-Certified Sexuality Educator. Her independent practice, Dr. Dena Abbott Psychological Services & Sexuality Education ([www.drdenaabbott.com](http://www.drdenaabbott.com)) offers telehealth sex therapy services to individuals and intimate partners. Currently an Assistant Professor in the APA-Accredited Counseling Psychology program at University of Nebraska – Lincoln, Dr. Abbott developed and teaches a graduate-level course in Sex-Positivity, Diverse Sexualities, and Professional Psychology. Her research focuses on sexuality competence among mental health professionals and positive sexuality including sexual self-esteem, pleasure, and sexual expression.