

Incorporating Technology into Clinical Practice

Friday, May 8, 2020

Scott Conference Center
6450 Pine Street, Omaha, NE

Remote internet streaming
ESU 13, 4215 Ave I, Scottsbluff



Shiri Sadeh-Sharvit, PhD

Associate Director for Training at Palo Alto University Center for m2Health, California, and Chief Clinical Officer at Eleos Health.

Register online at:

<https://nebpsych.regfox.com/2020springconf>

Continuing Education

Participants attending this conference can receive 6 CEs for psychologists. This program also meets the criteria of an approved continuing education program for mental health practice. See next page for details.

Technology plays an essential role in modern life, and its many advantages can support and expand existing mental health programs. However, clinicians do not always have the knowledge and skills to add digital tools to the services they offer. This workshop will **present a framework for integrating digital tools into clinical practice**. Attendees will **learn and practice skills** to include the following components in their work:

- digital tools for self-monitoring;
- online programs and mobile applications;
- teletherapy to provide remote treatment, training, and supervision;
- handling of email and text messages from clients;
- and assessment of the client's use of social media and other digital platforms.

Strategies to determine when technology could benefit clients, and how to curate the most suitable digital tools will be reviewed. Relevant clinical and **ethical considerations** regarding privacy, safety, and billing in digitally-enhanced mental health services will also be discussed.



NPA Endorses The Trust and its insurance programs. The Trust is a leading provider of professional liability malpractice, financial security, and innovative risk management programs — meeting the insurance needs of psychologists and related individuals nationwide for more than 50 years.

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Omaha / Scottsbluff

Learning Objectives

At the end of this presentation, participants at the workshop will be able to:

1. Describe the categories of digital services that are applicable for different clinical purposes.
2. Prepare to incorporate technology in their clinical practice using telepsychology, online programs, smartphone applications and more.
3. Assess the prominent legal, ethical and practical considerations for using technology in clinical practice.

Continuing Education

The Nebraska Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Nebraska Psychological Association maintains responsibility for this program and its contents. Participants attending this conference can receive 6 CEs for psychologists. This program meets the criteria of an approved continuing education program for mental health practice.

Complete refund of the registration fee will be distributed if cancellation occurs on or before May 6, 2019.

In accordance with Title III of the Americans with Disabilities Act, registrants are asked to advise NPA of any disability so we can make necessary arrangements to accommodate you.

All questions, comments and complaints should be directed to the NPA Central Office, 402-475-0709, 877-355-7934 or npa@nebpsych.org.

Workshop Schedule

8:00 – 8:30	Registration (coffee, tea, juices, fruit, pastries)
8:30 – 10:15	Morning Session
10:15 – 10:30	Break
10:30 – 12:00	Continue Morning Session
12:00 - 1:30	Lunch and NPA Business Meeting (Lunch included with registration)
1:30 – 3:00	Afternoon Session
3:00 – 3:15	Break
3:15 – 4:30	Continue Afternoon Session

Shiri Sadeh-Sharvit, PhD, is a clinical psychologist and the Associate Director for Training at Palo Alto University Center for m2Health, California. She also serves as the Chief Clinical Officer at Eleos Health, a startup company in the digital healthcare space. Dr. Sadeh-Sharvit has previously worked at Stanford University Eating Disorders Research Program, where she received research funding to conduct intervention studies on family- and parent-based interventions. Dr. Sadeh-Sharvit's clinical and research interests include eating disorders (from infancy throughout the life cycle), online interventions, incorporating technology in mental healthcare, and clinical training. Her book, "Parents with Eating Disorders: A Treatment Guide", was recently published by Routledge.



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May 8, 2020 — Omaha with internet streaming in Scottsbluff

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Please register me for:

Omaha

Scottsbluff*

NPA Members

\$165

\$145

General Registration/NonMembers

\$195

\$175

Interns, Graduate Students

\$30

\$30

NPA Business Meeting/Lunch ONLY

\$20

*Internet streaming teleconference. Scottsbluff has on-site coordinator to manage handout materials, Q&A, and lunch. (Box lunch will be provided at the Scottsbluff location. Please advise below special dietary needs.) Please note all scheduled times listed are Central Standard Time! Please adjust for Mountain Time.

Name/Degree: _____ Phone #: _____

Address: _____

City/State/Zip: _____

Email: _____

I am: Psychologist Intern Graduate Student Other: _____
(Please specify)

Lunch RSVP:

Yes – lunch at the Conference

No — lunch on my own

Please advise if you have special dietary needs, i.e. gluten free, nonfat, vegan:

Payment

Check # _____ VISA Mastercard

Amount to Charge: \$ _____

Acct #: _____

Exp: _____ CVV # _____ Zip Code _____
(Billing Address)

Signature: _____

Make checks payable to:
Nebraska Psychological Association

Send registration form with payment to:
Nebraska Psychological Association
P.O. Box 6785, Lincoln, NE 68506
Fax: 877-355-9234

Written notification is required on or before May 4, 2020, for complete refund of registration fee.

Questions – Contact NPA at:
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