

Incorporating Technology into Clinical Practice

New Date!
New Platform!
New Prices!

Friday, April 24, 2020

8:30 AM – 3:30 PM (CDT)

All-Online Live Streaming

Due to the COVID-19 environment, we are moving up the date of this very important, timely presentation, and moving to an all-online platform.

Today more than ever, technology plays an essential role in modern life, and expanding existing mental health programs. Clinicians do not always have the knowledge and skills to add the digital tools they now need. See next page for full description and Learning Objectives.

Plus a special presentation by ASPPB

NPA is partnering with ASPPB in hosting the Spring Conference which includes a special presentation providing an update on PSYPACT and the rollout of the Interjurisdictional Practice Certificate (IPC) and the E.Passport Certificate.



Shiri Sadeh-Sharvit, PhD

Associate Director for Training at Palo Alto University Center for m2Health, California, and Chief Clinical Officer at Eleos Health.

Register online at:

<https://www.nebpsych.org/event-3803074>



ASPPB



Continuing Education

Participants attending this conference can receive 6 CEs for psychologists. This program also meets the criteria of an approved continuing education program for mental health practice. See next page for details.



NPA Endorses The Trust and its insurance programs. The Trust is a leading provider of professional liability malpractice, financial security, and innovative risk management programs — meeting the insurance needs of psychologists and related individuals nationwide for more than 50 years.

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All-Online, Live Streaming

Workshop Description

Technology plays an essential role in modern life, and its many advantages can support and expand existing mental health programs. However, clinicians do not always have the knowledge and skills to add digital tools to the services they offer. This workshop will **present a framework for integrating digital tools into clinical practice**. Attendees will **learn and practice skills** to include the following components in their work:

- digital tools for self-monitoring;
- online programs and mobile applications;
- teletherapy to provide remote treatment, training, and supervision;
- handling of email and text messages from clients;
- and assessment of the client's use of social media and other digital platforms.

Strategies to determine when technology could benefit clients, and how to curate the most suitable digital tools will be reviewed. Relevant clinical and **ethical considerations** regarding privacy, safety, and billing in digitally-enhanced mental health services will also be discussed.

Learning Objectives

At the end of this presentation, participants at the workshop will be able to:

1. Describe the categories of digital services that are applicable for different clinical purposes.
2. Prepare to incorporate technology in their clinical practice using telepsychology, online programs, smartphone applications and more.
3. Assess the prominent legal, ethical and practical considerations for using technology in clinical practice.

Continuing Education

The Nebraska Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Nebraska Psychological Association maintains responsibility for this program and its contents. Participants attending this conference can receive 6 CEs for psychologists. Full attendance at the workshop is required to receive CE credit for psychologists. No partial credit is awarded; late arrival or early departure will preclude awarding of CE credits for psychologists. Those arriving more than 15 minutes after the scheduled start time or leaving before the workshop is completed will not receive CE credits. This program meets the criteria of an approved continuing education program for mental health practice.

Complete refund of the registration fee will be distributed if cancellation occurs on or before April 20, 2020.

In accordance with Title III of the Americans with Disabilities Act, registrants are asked to advise NPA of any disability so we can make necessary arrangements to accommodate you.

All questions, comments and complaints should be directed to the NPA Central Office, 402-475-0709, 877-355-7934 or npa@nebpsych.org.

Shiri Sadeh-Sharvit, PhD, is a clinical psychologist and the Associate Director for Training at Palo Alto University Center for m2Health, California. She also serves as the Chief Clinical Officer at Eleos Health, a startup company in the digital healthcare space. Dr. Sadeh-Sharvit has previously worked at Stanford University Eating Disorders Research Program, where she received research funding to conduct intervention studies on family- and parent-based interventions. Dr. Sadeh-Sharvit's clinical and research interests include eating disorders (from infancy throughout the life cycle), online interventions, incorporating technology in mental healthcare, and clinical training. Her book, "Parents with Eating Disorders: A Treatment Guide", was recently published by Routledge.



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Please register me for:

- \$135 NPA Members
- \$165 General Registration/NonMembers
- \$20 Interns, Graduate Students

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Please note all scheduled times listed are Central Standard Time. Please adjust for Mountain Time.

Name/Degree: _____ Phone #: _____

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I am: Psychologist Intern Graduate Student Other: _____
(Please specify)

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Make checks payable to:
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Send registration form with payment to:
Nebraska Psychological Association
P.O. Box 6785, Lincoln, NE 68506
Fax: 877-355-9234

Written notification is required on or before
April 20, 2020, for complete refund of
registration fee.

Questions – Contact NPA at:
npa@nebpsych.org or
402-475-0709 or 877-355-7934