

# *Assessing and Treating Aggressive and Antisocial Youth*

An interprofessional workshop designed for psychologists, physicians, juvenile law attorneys, judiciary, policy makers, administrators and mental health practitioners.

## **Paul J. Frick Ph.D.**

Roy Crumpler Memorial Chair and Professor in the Department of Psychology at Louisiana State University and Professor in the Learning Science Institute of Australia at Australian Catholic University



**Friday, October 21, 2016**

**Scott Conference Center**

6450 Pine Street  
Omaha, NE

Remote internet streaming site in  
**Scottsbluff**

John N. Harms Advance Technology Center  
2620 College Park

*Registration available online at:*  
<https://www.regonline.com/NPA16FallConf>

Jointly provided by Creighton University Health Sciences Continuing Education and the Nebraska Psychological Association.

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UNIVERSITY  
Health Sciences  
Continuing Education

*The Nebraska*  
**PSYCHOLOGICAL**  
*Association*

See back page for Continuing Education details.

## Assessing and Treating Aggressive and Antisocial Youth

This one-day workshop will focus on recent research investigating the many different pathways through which children and adolescents develop a propensity to act in an antisocial and aggressive manner and the implications of this research for both the assessment and treatment of antisocial individuals. Antisocial and aggressive youths are a significant concern for the juvenile justice system, the education system, and the mental health system. Despite the fact that a great deal of research has been conducted with such youths, interventions provided in each of these systems have often not been guided by this research.

The purpose of this workshop is to describe research that has differentiated among subgroups of antisocial and aggressive children and adolescents, each showing somewhat distinct causal factors. The workshop will focus on understanding the developmental mechanisms that may be disrupted by these risk factors and how these mechanisms may differ across groups. A specific focus of this discussion will be on research conducted by Dr. Frick over the past 25 years that has identified a group of antisocial youth with callous-unemotional traits who seem to have deficits in their conscience development. Next, the implications of this research for assessment and diagnosis will be discussed, including its implications for assessing for the new specifier included for the diagnosis of Conduct Disorder in the 5th Edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) labelled "with Limited Prosocial Emotions". Finally, the implications of this research for designing more effective prevention and treatment programs for antisocial, aggressive, and delinquent youth in mental health and juvenile justice settings will be discussed.

### Learning Objectives

At the end of this presentation, participants at the workshop will be able to:

1. identify the large number of risk factors that have been associated with severe antisocial and aggressive behavior in youth of various races, ethnicities, cultures, and socioeconomic statuses;
2. describe how these risk factors may differ across subgroups of antisocial youth and what developmental processes may be affected within these subgroups;
3. describe the importance of callous-unemotional traits for designating one important subgroup of antisocial youth across cultures and sex;
4. describe how this research influenced the diagnostic criteria for Conduct Disorder in the DSM-5, which for the first time includes a specifier to designate those who show significant levels of callous-unemotional traits and who are labelled "with Limited Prosocial Emotions";
5. conduct assessments of youth who show severe antisocial and aggressive behavior, including the assessment of callous-unemotional traits;
6. describe the implications of this research for designing more effective prevention and treatment programs for antisocial, delinquent, and aggressive youth; and
7. identify examples of evidence-based approaches to treatment in forensic and mental health settings.

### Workshop Schedule

8:00 – 8:30	Registration (coffee, juices, fruit, pastries)	12:00 - 1:15	Lunch and NPA Business Meeting (Lunch included with registration)
8:30 – 10:00	Welcome and Developmental Pathways to Conduct Disorder I	1:15 – 2:45	Implications for Assessment and Diagnosis
10:00 – 10:15	Break	2:45 – 3:00	Break
10:15 – 12:00	Developmental Pathways to Conduct Disorders II	3:00 – 4:15	Evidence-based Approaches to Treatment



**Paul J. Frick, Ph.D.**, is University Distinguished Professor and Chair of the Department of Psychology at the University of New Orleans. Dr. Frick has published extensively in peer-reviewed publications, books, and test manuals. A continuing line of research focuses on understanding the different pathways through which youth develop severe antisocial behavior and aggression and the implications of this research for assessment and treatment. His work has been funded by the National Institute of Mental Health, Office of Juvenile Justice and Delinquency Prevention, and the John T. and Catherine D. MacArthur Foundation.

See full bio on last page

## Registration Form

### Assessing and Treating Aggressive and Antisocial Youth

#### Please register me for:

NPA Members, Members of NE Bar Association,  
Members of NE Psychiatric Society  
General Registration/NonMembers  
Interns, Graduate Students, Psychiatry Residents

#### Omaha

\$165  
 \$195  
 \$30

#### Scottsbluff\*

\$145  
 \$175  
 \$30

\*Internet streaming teleconference. Scottsbluff has on-site coordinator to manage handout materials and lunch. (Box lunch will be provided at the Scottsbluff location. Please advise below special dietary needs.) Please note all scheduled times listed are Central Standard Time! Please adjust for Mountain Time. On-site Contact: Dr. Anne Talbot – 308-632-8547, npaed@nebpsych.org.

Name/Degree: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

**I am:**  Psychologist  An Intern  A Graduate Student  Other

**I am:**  NPA Member  Member of Nebraska Bar Association – Attorney Bar Number \_\_\_\_\_  
 Members of NE Psychiatric Society

**Lunch RSVP:** Lunch is provided with all registrations. (Lunch in Omaha is a pasta buffet)

- Yes, I will have lunch at the Conference.  
 No, I am having lunch on my own.

Please advise if you have special dietary needs, i.e. gluten free, nonfat, vegan:

\_\_\_\_\_

Check # \_\_\_\_\_  VISA  Mastercard

Amount to Charge: \$ \_\_\_\_\_

Acct #: \_\_\_\_\_

Exp: \_\_\_\_\_ CVV # \_\_\_\_\_ Zip Code \_\_\_\_\_  
(Billing Address)

Signature: \_\_\_\_\_

Make checks payable to:  
Nebraska Psychological Association

Send registration form with payment to:  
Nebraska Psychological Association  
P.O. Box 6785, Lincoln, NE 68506  
Fax: 877-355-9234

Written notification is required on or before  
October 17, 2016 for complete refund of  
registration fee.

Questions – Contact NPA at:  
[npa@nebpsych.org](mailto:npa@nebpsych.org) or  
402-475-0709 or 877-355-7934



## Assessing and Treating Aggressive and Antisocial Youth

**Paul J. Frick, Ph.D.** is the Roy Crumpler Memorial Chair and Professor in the Department of Psychology at Louisiana State University and he is a Professor in the Learning Science Institute of Australia at Australian Catholic University. Dr. Frick has published over 200 manuscripts in either edited books or peer-reviewed publications and he is the author of 6 additional books and test manuals. A continuing line of research focuses on understanding the different pathways through which youth develop severe antisocial behavior and aggression and

the implications of this research for assessment and treatment. His work has been funded by the National Institute of Mental Health, Office of Juvenile Justice and Delinquency Prevention, and the John T. and Catherine D. MacArthur Foundation. In 2004, he was awarded an Honorary Doctorate from Orebro University in Orebro, Sweden in recognition of his research contributions in psychology. In 2008, he received the MacArthur Foundation's Champion for Change in Juvenile Justice Award for the state of Louisiana. Dr. Frick has been the President of the Society for the Scientific Study of Psychopathy (2009-2011) and the editor of the Journal of Clinical Child and Adolescent Psychology (2007-2011), the official journal of Division 53 of the American Psychological Association which is the Society of Clinical Child and Adolescent Psychology. Dr. Frick also was a member of the American Psychiatric Association's DSM-V Workgroup for ADHD and the Disruptive Behavior Disorders (2007-2012).



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Lodging is available at Aksarben Marriott Courtyard at the Scott Conference Center rate of \$124/night. To reserve your room at this rate, either 1) call the hotel directly at (402) 951-4300 and reference the Scott Conference rate; or 2) if attempting to reserve a room online, use the 4 letter code: SCFH.

**Continuing Education** — The Nebraska Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Nebraska Psychological Association maintains responsibility for this program and its contents. Participants attending this conference can receive 6 CEs for psychologists. \*This program meets the criteria of an approved continuing education program for mental health practice.

**Category 1:** Creighton University Health Sciences Continuing Education designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

AAPA accepts AMA category 1 credit for the PRA from organizations accredited by ACCME.

**Accreditation Statement:** This activity has been planned and implemented by Creighton University Health Sciences Continuing Education and the Nebraska Psychological Association for the advancement of patient care. Creighton University Health Sciences Continuing Education is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for the healthcare team.

NPA certifies this activity has been approved for CLE credit in the State of Nebraska. Attorneys attending this program receive 6 Nebraska CLEs.

\*The Board of Mental Health does not pre-approve continuing education course offerings, but may accept as continuing education for licensure and certification renewal, learning experiences, provided they are planned and conducted for mental health practitioners and if they are related to mental health practice. Continuing education offerings for individuals who hold a social work certificate, but are not licensed as a mental health practitioner, must relate to the practice of social work. Each professional is responsible for their own certification.

Complete refund of the registration fee will be distributed if cancellation occurs on or before October 17, 2016.

In accordance with Title III of the Americans with Disabilities Act, registrants are asked to advise NPA of any disability so we can make necessary arrangements to accommodate you.

All questions, comments, etc. should be directed to NPA at 402-475-0709, 877-355-7934 or [npa@nebpsych.org](mailto:npa@nebpsych.org).