

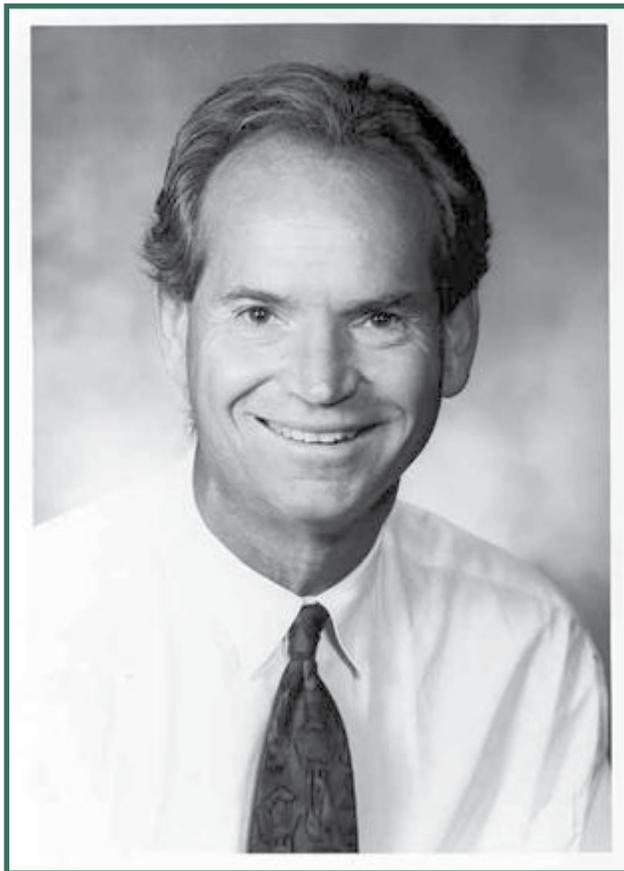


Two Homes, One Childhood

An interdisciplinary workshop for psychologists, family law attorneys, mediators and mental health practitioners addressing the emotional and relational considerations in therapy, mediation and dispute resolution.

Robert E. Emery, PhD

Professor of Psychology
Director of the Center for Children, Families,
and the Law, University of Virginia



Friday, April 15, 2016

Scott Conference Center
6450 Pine Street , Omaha, NE

Remote internet streaming site in
Scottsbluff

John N. Harms Advance Technology Center
2620 College Park

Registration available online at:
<https://www.regonline.com/NPA16Emery>



Continuing Education

This program is approved for 6 CEs for psychologists, 6.0 CLEs for Nebraska attorneys, and 6 CMEs for mediators. This program meets the criteria of an approved continuing education program for mental health practice. See back page for details.



NPA Endorses The Trust and its insurance programs. The Trust is a leading provider of professional liability malpractice, financial security, and innovative risk management programs — meeting the insurance needs of psychologists and related individuals nationwide for more than 50 years.

Two Homes, One Childhood

Robert Emery offers a simple message with profound implications for parenting across two homes (due to separation, divorce, the break-up of cohabitation, or childbearing outside of marriage). If parents can be parents, kids can be kids, not forever “children from broken homes.” Parenting across two homes involves practical, emotional, relationship, and legal challenges. Yet, parents truly can put their children first. This workshop, which should be of interest to therapists, mediators, lawyers and other legal professionals, focuses on four “big lessons” Emery has learned in 35 years of work as a researcher, therapist, mediator, and parenting coordinator. The first involves his new theory of emotion, focusing on anger and the emotions that fuel anger. The second includes an array of techniques for managing anger, ranging from containing anger during legal negotiations or resolving problems that underlie anger in therapy. The third lesson is about the divorced family system and how relationship dynamics between adults (the parents and their new partners) can undermine children’s well-being. The fourth and final lesson is a developmental perspective on parenting plans. The next step beyond joint custody is crafting a parenting plan that can grow and change along with children’s and families’ changing needs. This is the focus of Emery’s forthcoming book, *Two Homes, One Childhood: A Parenting Plan to Last a Lifetime* (Avery, August 2016).



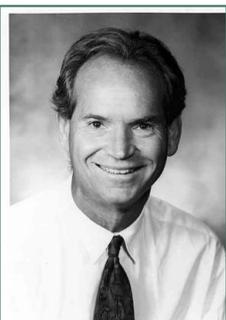
Learning Objectives

At the end of this presentation, participants will be able to:

1. Describe a new model of emotion that will help participants in working with angry clients by pointing to a range of feelings that motivate anger;
2. Describe a range of interventions to deal with the emotions behind anger in a manner appropriate to that intervention, including recognizing the feelings in legal negotiations, containing the feelings in mediation, and resolving emotional conflicts in therapy;
3. Discuss relationship dynamics in divorce, including complications in the couple’s relationship that result from one-sided divorce and ways children get involved intentionally or unwittingly in their parents’ conflict;
4. Discuss a developmental perspective on parenting plans that highlights but is not exclusively focused on joint physical custody, including the speaker’s argument that parenting plans should grow and change to meet children’s and families’ changing needs;
5. Explain new psychological and legal research bearing on these issues, as well as practical strategies for professionals who work with divorce (or the breakup of nonmarital relationships).

Workshop Schedule

8:00 – 8:30	Registration (coffee, tea, juices, fruit, pastries)	12:00 - 1:15	Lunch and NPA Business Meeting (Lunch included with registration)
8:30 – 10:00	Morning Session	1:15 – 3:00	Afternoon Session
10:00 – 10:15	Break	3:00 – 3:15	Break
10:15 – 12:00	Continue Morning Session	3:15 – 4:15	Continue Afternoon Session



Robert E. Emery, Ph.D. is Professor of Psychology and Director of the Center for Children, Families, and the Law at the University of Virginia. He also is an associate faculty member in the Institute of Law, Psychiatry, and Public Policy, and was Director of Clinical Training from 1993-2002. He received his B.A. from Brown University in 1974 and his Ph.D. from the State University of New York at Stony Brook in 1982. He has served or is serving on the editorial board of eleven professional journals, and he has been a member of the Social Sciences and Population grant review study section of the National Institutes of Health.

See full bio on last page

Registration Form

Two Homes, One Childhood

Please register me for:

Omaha

Scottsbluff*

NPA Members, members of NE Bar Association,
and Certified Mediators (**see below)

\$165

\$145

General Registration/NonMembers

\$195

\$175

Interns, Graduate Students

\$30

\$30

*Internet streaming teleconference. Scottsbluff has on-site coordinator to manage handout materials and lunch. (Box lunch will be provided at the Scottsbluff location. Please advise below special dietary needs.) Please note all scheduled times listed are Central Standard Time! Please adjust for Mountain Time. On-site Contact: Dr. Anne Talbot – 308-632-8547, npaed@nebpsych.org.

Name/Degree: _____

Address: _____

City/State/Zip: _____

Phone #: _____ Email: _____

I am: Psychologist An Intern A Graduate Student Other

I am: NPA Member Member of Nebraska Bar Association – Attorney Bar Number _____

**Mediator Certified by the NE Office of Dispute Resolution/Nebraska Mediation Center Association Training Institute

Lunch RSVP: Lunch is provided with all registrations. (Lunch in Omaha is a pasta buffet)

Yes, I will have lunch at the Conference.

No, I am having lunch on my own.

Please advise if you have special dietary needs, i.e. gluten free, nonfat, vegan:

Check # _____ VISA Mastercard

Make checks payable to:
Nebraska Psychological Association

Amount to Charge: \$ _____

Send registration form with payment to:
Nebraska Psychological Association
P.O. Box 6785, Lincoln, NE 68506
Fax: 877-355-9234

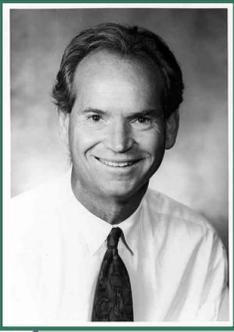
Acct #: _____

Written notification is required on or before
April 11, 2016 for complete refund of
registration fee.

Exp: _____ CVV # _____ Zip Code _____
(Billing Address)

Questions – Contact NPA at:
npa@nebpsych.org or
402-475-0709 or 877-355-7934

Signature: _____



Two Homes, One Childhood

Robert E. Emery, Ph.D. is Professor of Psychology and Director of the Center for Children, Families, and the Law at the University of Virginia. He also is an associate faculty member in the Institute of Law, Psychiatry, and Public Policy, and was Director of Clinical Training from 1993-2002. He received his B.A. from Brown University in 1974 and his Ph.D. from the State University of New York at Stony Brook in 1982. He has served or is serving on the editorial board of eleven professional journals, and he has been a member of the Social Sciences and Population grant review study section of the National Institutes of Health.

Dr. Emery's research focuses on family relationships and children's mental health, including parental conflict, divorce, child custody, family violence, and associated legal and policy issues.

His 1982 Psychological Bulletin paper, "*Interparental Conflict and the Children of Discord and Divorce*", was designated a "Citation Classic" by the Institute for Scientific Information with over 320 citations as of April, 1993 (over 700 as of January, 2000). His Child Development paper, "*Family Members as Third Parties in Dyadic Family Conflict: Strategies, Alliances, and Outcomes*" (with Samuel Vuchinich and Jude Cassidy), won the 1989 "Outstanding Research Publication Award" from the American Association of Marriage and Family Therapy. In December, 2000, he was asked to present his research findings to the National Academy of Sciences. The Association of Family and Conciliation Courts presented the "Distinguished Researcher" and "Myer Elkin Address" awards to Dr. Emery in 2002. His book, *The Truth about Children and Divorce*, was a finalist for the Books for a Better Life Award and Library of Virginia Literary Award in 2005.

Dr. Emery is the author of over 100 scientific publications and several books. *Marriage, Divorce, and Children's Adjustment* (1999, 2nd Ed., Thousand Oaks, CA: Sage Publications) won the Outstanding Academic Book award from Choice magazine, and was recently translated into Chinese. *Abnormal Psychology* (2007, Upper Saddle River, NJ: Prentice-Hall [with Thomas Oltmanns]) is in its fifth edition (1st Ed 1995; 2nd Ed 1998; 3rd Ed 2001; 4th Ed 2004). Emery has also written *Essentials of Abnormal Psychology* (2000, Upper Saddle River, NJ: Prentice-Hall) with Thomas Oltmanns. His book, *Renegotiating Family Relationships: Divorce, Child Custody, and Mediation* (1994, New York: Guilford Publications; 2nd Ed. In preparation), was translated into Italian (Il Divorzio: Renegoziare le Relazioni Familiari). Dr. Emery's book, *The Truth about Children and Divorce: Dealing with the Emotions So You and Your Children Can Thrive* (New York: Viking/Penguin) was published in August, 2004, and was featured when Dr. Emery presented on the Today Show, The Jane Pauley Show, National Public Radio, in Newsweek magazine, and in many other print and electronic media. The book is currently being translated into Italian and Korean.

Dr. Emery has lectured extensively on his research across the United States and in numerous countries throughout the world. In addition to his research, teaching, and administrative responsibilities, Dr. Emery continues to engage in a limited practice as a clinical psychologist and divorce mediator. He also is the father of five children.



Lodging is available at Aksarben Marriott Courtyard at the Scott Conference Center rate of \$124/night. To reserve your room at this rate, either 1) call the hotel directly at (402) 951-4300 and reference the Scott Conference rate; or 2) if attempting to reserve a room online, use the 4 letter code: SCFH.

Continuing Education — The Nebraska Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Nebraska Psychological Association maintains responsibility for this program and its contents. Participants attending this conference can receive 6 CEs for psychologists. This program meets the criteria of an approved continuing education program for mental health practice.

NPA certifies this activity has been approved for CLE credit in the State of Nebraska. Attorneys attending this program receive 6.0 Nebraska CLEs.

This workshop also meets the requirements for continuing education for mediators as determined by the Nebraska Office of Dispute Resolution. This workshop is granted 6.0 General Parenting CMEs for mediators.

Complete refund of the registration fee will be distributed if cancellation occurs on or before April 11, 2016.

In accordance with Title III of the Americans with Disabilities Act, registrants are asked to advise NPA of any disability so we can make necessary arrangements to accommodate you.

All questions, comments and complaints should be directed to the NPA Central Office, 402-475-0709, 877-355-7934 or npa@nebpsych.org.