

**WHEN PARENTS PART: THE TRUTH ABOUT
CHILDREN AND DIVORCE**

Registration:

- \$140 — NPA Members
Members of NE Bar Association
Certified Mediators (*see below)
- \$170 — NonMembers

Name: _____

Address: _____

City/State/Zip: _____

Phone Number: _____

Email: _____

I am a _____ Psychologist _____ Other

I am: NPA Member

Member of the NE Bar Association

*Mediator Certified by the NE Office of Dispute Resolution/Nebraska Mediation Center Association Training Institute

Check # _____ VISA Mastercard

Amount to Charge: \$ _____

Acct #: _____

Exp: _____ Card Verification # _____

Signature: _____

Make checks payable to Nebraska Psychological Association.

Send registration form with payment to:
Nebraska Psychological Association
P.O. Box 6785, Lincoln, NE 68506;
Fax: 877-355-9234

Questions or for information on NPA Membership – Contact NPA at npa@nebpsych.org or 402-475-0709

Ψ *The Nebraska* PSYCHOLOGICAL Association
P.O. Box 6785
Lincoln, NE 68506

*Seating is limited
so sign up today!*

The Nebraska PSYCHOLOGICAL Association

**WHEN PARENTS PART:
THE TRUTH ABOUT CHILDREN
AND DIVORCE**

Robert E. Emery, Ph.D.

Professor of Psychology and Director of the Center for Children, Families and the Law at the University of Virginia

Also featuring an afternoon **Discussion Panel** with

- **Attorney Lorin Galvin, J.D.**, Director Douglas County Conciliation Court and Mediation Services, Omaha, NE
- **The Honorable Patricia Lamberty**, District Court of Nebraska, Fourth Judicial District; Omaha, NE
- **Glenda Cottam, Ph.D., J.D.**, a dually licensed psychologist and attorney

New Date –February 19, 2010

9:00 AM - 4:30 PM

Scott Conference Center

6450 Pine Street, Omaha



This program is specifically intended for an interdisciplinary audience of psychologists, family law attorneys and judges, and mediators.

Conference Schedule

- 8:30 — 9:00 Registration (coffee, tea, pastries)
- 9:00-10:30 Children and Divorce: Stress, Risk, Resilience, and Pain
- 10:45-12:00 Parents' Anger, Pain, and Grief: Never Cut What You Can Untie
- 12:00-1:00 Lunch (Provided On-site)
- 1:00-2:30 Planting Seeds: A Randomized Trial of Mediation versus Adversary Settlement 12 Years Later
- 2:45-4:30 Panel Discussion:
- The Honorable Patricia A. Lamberty
 - Lorin C. Galvin, J.D.
 - Glenda Cottam, Ph.D., J.D
- Moderator: Ted DeLaet, Ph.D.

Continuing Education

The Nebraska Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Nebraska Psychological Association maintains responsibility for this program and its contents. Participants attending this conference can receive 6.0 CE's for psychologists.

NPA certifies this activity has been approved for CLE credit in the State of Nebraska. Attorneys attending this program receive 6 Nebraska CLEs.

This workshop also meets the requirements for continuing education for mediators as determined by the Nebraska Office of Dispute Resolution. This workshop is granted 6.0 CMEs for mediators.

Complete refund of the registration fee will be distributed if cancellation occurs on or before February 15, 2010.

All questions, comments and complaints should be directed to the NPA Central Office, 402-475-0709 or npa@nebpsych.org

In accordance with Title III of the Americans with Disabilities Act, registrants are asked to advise NPA of any disability so we can make necessary arrangements to accommodate you.

When Parents Part: The Truth About Children and Divorce

This interdisciplinary workshop will present research on the effects of divorce on children and parents and what psychologists, mediators, attorneys, and judges can do to work together to help families going through divorce. **This is not a workshop on custody evaluation!** The legal process of divorce, custody, and visitation has historically been adversarial in nature. Dr. Emery has been a leader in the development of the use of mediation with divorcing families. This workshop will cover research about maintaining the emotional well-being of children going through divorce. A review of the effects of separation and divorce on family relationships will be covered in addition to how to renegotiate the various family relationships as part of the divorce process. The roles of resiliency and grieving, managing the emotions of children and parents triggered during a divorce, and of mediation will be addressed. New Nebraska requirements place the best interest of the child(ren) as a primary consideration during divorce. The controversies over parenting plans that are developed will be discussed, as will the new roles and responsibilities for mental health professionals, legal professionals, and mediators needed to meet the needs of families during and after a divorce. An interdisciplinary panel of experts will conclude the day to discuss application of the workshop materials in Nebraska.

At the end of the training participants will:

1. Assess the research of the psychological effects of divorce on children, parents, and families.
2. Explain the personal and relationship stress caused by divorce.
3. Explain the roles of resilience and grieving during and after a divorce.
4. Describe the predictors of children's positive divorce adjustment
5. Demonstrate how to renegotiate family relationships
6. Summarize the principles of mediation and its application to divorcing families.
7. Discuss developmental considerations for parenting plans.
8. Describe emerging roles and concepts for professionals helping parents and children adjust to divorce.
9. Describe Nebraska law regarding the Nebraska Parenting Act.
10. Identify when psychological assessment and treatment are needed.

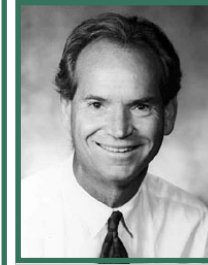
Afternoon Discussion Panel:

The Honorable Patricia Lamberty, District Court of Nebraska, Fourth Judicial District; Omaha, NE

Attorney **Lorin Galvin, J.D.**, Director Douglas County Conciliation Court and Mediation Services, Omaha, NE

Glenda Cottam, Ph.D., J.D., a dually licensed psychologist and attorney practicing in Papillion, Nebraska. Dr. Cottam is a long time mediator and provides multiple family services.

Robert E. Emery, Ph.D.



Dr. Robert E. Emery is Professor of Psychology and Director of the Center for Children, Families, and the Law at the University of Virginia. His also is an associate faculty member in the Institute of Law, Psychiatry, and Public Policy, serving as Clinical Training from 1993-2002. He has served or is serving on the editorial board of eleven professional journals and he has been a member of the Social Sciences and Population grant review study section of the National Institute of Health. Dr. Emery's research focuses on family relationships and children's mental health, including parental conflict, divorce, child custody, family violence, and associated legal and policy issues. Dr. Emery was honored as the "Distinguished Researcher" and also awarded "Myer Elkin Address" by the Association of Family and Conciliation Courts (AFCC) in 2002. Dr. Emery is the author of over 100 scientific publications and several books. His most recent book, *The Truth about Children and Divorce: Dealing with the Emotions So You and Your Children Can Thrive* (New York: Viking/Penguin) was published in August 2004. Dr. Emery has presented on The Today Show, The Jane Pauley Show, National Public Radio, and was featured in *Newsweek* magazine. In addition to his research, teaching, and administrative responsibilities Dr. Emery continues to engage in a limited practice as a clinical psychologist and divorce mediator. He is the father of five children.

Directions to Scott Conference Center:

From the South – From I-80 and 72nd Street

- Go north on 72nd Street, left if coming from the west (1.5 miles), right (1.3 miles) if coming from the east
- Take 72nd Street to Pine Street
- Turn right on Pine Street for .6 miles
- At the curve (in front of the Ak-Sar-Ben Grandstand) is the Scott Conference Center

From the West – From I-680 & Pacific Street, go east to 67th Street

- Turn right on 67th Street
- Go to Pine Street, take a left
- At the curve (in front of the Ak-Sar-Ben Grandstand) is the Scott Conference Center

Parking – Parking in Lot 9 across from the Scott Conference Center is complimentary.

Hotel — Courtyard Marriott Aksarben Village, next to conference center, 1625 S. 67th Street, 402-951-4300