

## PROVIDER TRAINING IN BEHAVIORAL HEALTH

Undergraduate - Number of Years					
Discipline	Psychologist <sup>1</sup>	Psychiatrist	LMHP <sup>9</sup>	LADC <sup>9</sup>	Gambling Counselor <sup>9</sup>
Year 1	4 year Undergraduate Bachelor's (BA/BS)	4 year Undergraduate Bachelor's (BA/BS)	4 year Undergraduate Bachelor's (BA/BS)	270 hrs. substance abuse relevant courses	255 hrs. gambling relevant courses
Year 2				300 hrs supervised training in "12 core functions"	300 hrs. training in core functions
Year 3				3,000 to 6,000 hrs paid supervised experience <sup>9</sup>	3,000 hrs. paid supervised experience
Year 4					

Graduate - Number of Years				
Discipline	Psychologist <sup>1</sup>	Psychiatrist	LMHP <sup>9</sup>	LADC/Gambling
Year 1	Scientific <sup>2</sup> & Clinical <sup>3</sup> Coursework	Natural & Behavioral Science Courses	Masters or Doctoral Training	
Year 2	Research Coursework Clinical Practicum <sup>4</sup>	Pharm/Psychiatry Lectures <sup>7</sup>	Graduate Program <b>Master's Degree</b>	
Year 3	<b>Master's Degree</b> Clinical Practicum <sup>4</sup> Coursework	Clerkships <sup>8</sup> (Varies)	Supervised clinical experience	
Year 4	Advanced Scientific & Clinical Courses & Practicum/Research	Electives <b>M.D. Awarded</b>	Supervised clinical experience <b>LIMHP<sup>10</sup></b>	
Year 5	Specialized Courses PhD Research Clinical Practicum <sup>4</sup>	Psychiatric Residency (6 mo. On Med.)		
Year 6	Internship <sup>5</sup>	Psychiatric Residency		
Year 7	Completion of Dissertation and Supervised Clinical Experience	Psychiatric Residency		
Year 8	<b>Ph.D. Awarded</b> One year Post-Doctoral Supervised Clinical Experience	Psychiatric Residency <b>Board Eligible</b>		
Year 9 Year 10	<b>Licensure</b> ----- Two year Practicum & Medical Training <sup>6</sup>			
Year 11	<b>Certified Medical Psychologist</b>			

## Footnotes:

— Supervised behavioral health practica/experiences included in blue color years.

- 1) Training programs may vary in terms of mission, emphasis and residency time, but must meet APA accreditation standards for doctoral training. For example, master's degree is not necessarily required in route to doctoral degree although equivalent training is required. Prior to licensure, must pass the national proficiency exam.
- 2) Minimum science curriculum: biological basis of behavior; cognitive and affective aspects of behavior; social aspects of behavior; history and systems; individual differences; human development; psychological measurement; research methods; techniques of data analysis; professional standards and ethics.
- 3) Minimum clinical curriculum: dysfunctional behavior/psychopathology; substance abuse; psychological aspects of measurement including empirically supported procedures; efficacious and empirically supported intervention/psychotherapy processes and theories; efficacious and empirically supported individual/group assessment/diagnostic techniques/instruments and theories; theories of consultation, evaluation and supervision; cultural and individual diversity in professional activities.
- 4) Practicum settings must provide adequate professional supervisors, access to clients and facility support for face-to-face supervised clinical experience utilizing empirically supported procedures and abiding by appropriate professional standards of service.
- 5) Internship must be one year, full time training, no less than 12 months and no more the 24 months. Training must consist of direct contact with service recipients involving face-to-face delivery of psychological services and a minimum of 4 hours of supervision per week, at least 2 hours of which consist of individual face-to-face supervision. Evidence of scholarly inquiry into professional services and consideration/knowledge of issues of cultural and individual diversity are required. Interns are required to demonstrate an intermediate to advanced level of professional skills at completion of predoctoral internship training.
- 6) Sample postdoctoral master's degree in medical psychology from regionally accredited institution includes a curriculum of anatomy & physiology, biochemistry, neurosciences, pharmacology, psychopharmacology, clinical medicine/pathophysiology, & health assessment; Practicum Training. Pass national proficiency exam. Consultation/collaboration with a physician. Prescribe & un-prescribe from limited formulary in mental health.
- 7) Second year medical students receive a general didactic introduction to pharmacology and psychiatry.
- 8) Six-week clerkship in psychiatry at UNMC includes supervised clinical component.
- 9) See next page: Comparison of requirements for LMHP, LADAC and DHHS proposed licensure of a gambling counselor.
- 10) LIMHP requirements: Masters or doctoral degree from CSWE, COAMFTE, or CACREP approved program with 3000 hours of experience that includes 1500 hours with clients with major mental disorder obtained  $\geq 2$  years and  $\leq 5$  years supervised by a physician, psychologist, or LIMHP practitioner, or masters degree with mental health content approved by CHEA and 7000 hour of experience obtained  $\geq 10$  years supervised by a physician, psychologist, or LIMHP practitioner.

DHHS-Division of Behavioral Health, Gamblers Assistance Program = DRAFT Recommendation for Gambling Counselor Licensure 12/23/08  
**DRAFT: Recommended Gambling Counselor Licensure versus Licensure of Alcohol and Drug Counselors / Mental Health Practitioners**

	<b>Gambling Counselor</b>	<b>Alcohol and Drug Counselor</b>	<b>Licensed Mental Health Practitioner</b>
	Requirements of Initial Certification	Requirements of Provisional License	Requirements for Provisional License
<b>Required Hours of Education</b>	BA + 255 hours Core coursework <ul style="list-style-type: none"> <li>• 45 Counseling Theories &amp; Tech.</li> <li>• 45 Group Counseling</li> <li>• 30 Human Growth &amp; Dev..</li> <li>• 15 Ethics</li> <li>• 30 Multicultural</li> <li>• 30 pg Assm. Case Mgt. &amp; Tx Plan</li> <li>• 30 Psychosocial Aspects of PG</li> <li>• 30 Clinical Aspects of PG</li> </ul> (165 allowance for P/LADC-LMHP = 90 req)	HS/GED +270 hors Core coursework <ul style="list-style-type: none"> <li>• 45 Counseling Theories &amp; Techniques</li> <li>• 45 Group Counseling</li> <li>• 30 Human Growth &amp; Development</li> <li>• 15 Ethics</li> <li>• 30 Multicultural</li> <li>• 30 A/D Assm. Case Mgt &amp; Tx Planning</li> <li>• 45 Medical/Psychosocial Aspects of A/D</li> <li>• 30 Clinical Aspects of Chemical Dep.</li> </ul> (165 allowance for P/LMHP = 105 req)	Masters or Doctoral Degree
<b>Practicum</b>	300 supervised hrs. divided into core functions	300 supervised hours, divided into core function	300 supervised hours total
<b>Knowledge Demonstration</b>	An applicant must pass the Division approved written examination	An applicant must pass a International Written Examination for Alcohol and Drug Counselors (not required prior to Provisional application)	Must have passed the mental health practice examination (not required prior to Provisional application)
<b>Application / Reference</b>	Apply for Licensure \$100 One reference from applicant's clinical supervisor	Application for Provisional Licensure \$275 Not Specified	Application for Provisional Licensure \$125
	<b>Certification process complete</b>	<b>Provisional Status Requirement</b>	<b>Provisional Status Requirement</b>
<b>Provisional status Experience</b>	3,000 hours (divided into core functions) Complete within 6 years Allowances: <ul style="list-style-type: none"> <li>• P/LADC-2,000</li> <li>• Masters Degree - P/LmHP-2,000</li> </ul>	6,000 hours (divided into core functions) Complete within 6 years Allowances: <ul style="list-style-type: none"> <li>• Associates Degree - 1,000</li> <li>• Bachelors Degree - 2,000</li> <li>• Masters Degree - 3,000</li> </ul>	3,000 hours (1500 direct) Complete within 5 years
<b>Supervision</b>	1 hr of supervision per 10 hrs of counseling	1 hr. of supervision per 10 hrs of counseling	2hrs of supervision per 15hrs of counseling
<b>Price for Final Application</b>	\$125	\$175	\$155
<b>Requirements for Renewal</b>			
<b>General Procedures</b>	All licenses expire on September 1st of each even-numbered year	All licenses expire on September 1st of each even-numbered year	All licenses expire on September 1st of each even-numbered year
<b>Con't Ed. Requirements</b>	40 hours during each 2 year period	40 hours during each 2 year period	32 hours during each 2 year period